



PRIDE+ Bulletin

August-September 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice on LGBTQ+ issues

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News

[A Year After Banning Puberty Blockers, the U.K. to Conduct Major Study on Trans Health Care](#)

Them, August 2025

Researchers have announced plans to follow 3,000 trans minors who have sought treatment from the NHS. Through annual surveys, they plan to survey participants' body image, quality of life, and mental and physical well-being over a period of five years.

[Hundreds of firms warn new guidance on single sex spaces is 'unworkable' and would cause 'significant economic harm'](#)

The Independent, September 2025

They also express concern that the proposals would put them at "constant risk of complaints and litigation from multiple directions", as well as forcing "business staff into the unacceptable role of 'gender police'".

[Intersex people in Europe face 'alarming' rise in violence, EU finds](#)

The Guardian, September 2025

Europeans who do not fit the typical definition of male or female are grappling with an "alarming" rise in violence, the EU's leading rights agency has said, as concerted campaigns seek to sow disinformation and fuel hatred towards them.

[UK set to get first hospice dedicated to LGBTQ+ people with specialist HIV focus](#)

The Independent, August 2025

A hospice in Sussex is set to become the UK's first dedicated to LGBT people, in what has been described as a "landmark development" for the community. A Hospice UK report released in 2023 found that end of life care received by trans and gender diverse people was usually not inclusive

['Unacceptable' waiting list of up to eight years for NHS gender care, reveals health secretary](#)

The Independent, September 2025

Patients needing NHS gender care face a 42,000-long waiting list, with some waits as long as eight years, health secretary Wes Streeting has revealed. Mr Streeting has vowed to address "unacceptable" waits for tens of thousands of people needing access to adult gender dysphoria services.



Guidelines, Policies and Reports

[Healthcare Professionals Report 2025: UK Healthcare Workers' Experiences, Confidence and Comfort Supporting Trans Patients](#)

TransActual, September 2025

To advocate for the changes that will bring about improvements to trans people's healthcare experiences we need to understand what's preventing healthcare professionals from offering trans people the standards of care they ought to be able to expect. Less than half of respondents said they felt comfortable in their abilities to support trans patients.

["I Just Want to Be Accepted by Others": How Transgender Young People Seek and Experience Online Support](#)

Born This Way Foundation, September 2025

Transgender young people have disproportionately high rates of mental health challenges—including depression, anxiety, eating disorders, and suicide risk—compared to their cisgender peers. Online spaces can offer an alternative source of support—providing emotional connection, affirming content, and helpful information.

[Trans Segregation in Practice: Experiences of trans segregation following the Supreme Court ruling](#)

TransActual, August 2025

Since the Supreme Court's ruling in April, TransActual have heard from hundreds of people about the very immediate impact the ruling has had on their lives. Many businesses and organisations have, contrary to their legal obligations and potentially in breach of anti-discrimination protections, adopted extreme policies of banning trans people and those who look 'wrong' from facilities.

Research briefings

["We see you": What transgender and gender diverse people need from post-violence health services](#)

The Mental Elf, August 2025

Transgender and gender diverse (TGD) individuals experience violence to a greater extent compared to their cisgender counterparts, including hate crimes, physical violence, and sexual and psychological abuse. However, TGD individuals face several challenges when trying to access quality health services, such as care refusals and further victimisation by health professionals.

Published research

[Exploring financial difficulty and help-seeking behaviour among medics in the United Kingdom: a cross-sectional survey](#)

Human Resources for Health, August 2025

Experiences of financial insecurity among medics are extremely common. Our study has highlighted that LGBTQ+ medics and those with a non-UK PMQ may be particularly vulnerable to financial problems as well as those with a disability or caring role.

[The CIRCLE Care Home Guide: A Co-Designed Resource on LGBTQ+ Inclusion for Care Homes](#)

Health Expectations, August 2025

Older LGBTQ+ people still face discrimination in care home settings, and many care home staff do not have the knowledge required to provide inclusive care. Despite the availability of valuable resources on LGBTQ+ inclusion, its widespread use in social care practice in the United Kingdom is lacking. The current study presents a novel resource on LGBTQ+ inclusion co-designed by older LGBTQ+ people, care home staff and researchers.



Blogs / Commentary / Editorials / Opinion Pieces

[A U.K. trans man was denied legal gender recognition because he's trying to conceive](#)

Xtra, August 2025

UK non-profit Good Law Project, which fights discriminatory court rulings, is representing a trans man who was denied legal gender recognition on the basis that he was trying to get pregnant. Effectively, these gatekeepers are arguing that you're only a "man" in the eyes of the law if you sacrifice reproductive autonomy.

[Bisexual awareness week: visibility in medicine](#)

BMA, September 2025

This Bisexual Awareness Week, it's worth asking: why do bisexual doctors remain the least likely to be open about their sexuality at work, despite making up a larger share of the LGBTQ+ community than is often recognised?

['I've been spat on': gender non-conforming women tell of toilet abuse after UK's supreme court ruling](#)

The Guardian, August 2025

Support groups report some early indications that gender nonconforming women are facing increased challenges, raising wider questions about how women read each other's bodies and whether women's toilets have ever been entirely safe spaces.

[Tackling LGBT+ health inequalities or just talking?](#)

The King's Fund, August 2025

The LGBT+ health evidence review will explore barriers to access and poor experiences LGBT+ people have accessing health care, the impact of these poor experiences, and how LGBT+ specific health needs might best be met. While the LGBT+ health evidence review may support the development of a new strategy, there is no timeline or mention of how the review will lead to improvement.

Books / Audiobooks

A selection of newly published books from the LGBTQ+ community. (Please note these are not held by the Library Service but are available from the usual book retailers).

Marsha: The Joy and Defiance of Marsha P. Johnson by Tourmaline

The first definitive biography of revolutionary activist Marsha P. Johnson, unveiling her life, profound impact, and enduring legacy. Marsha didn't wait to be freed; she declared herself free and told the world to catch up.

Running Close to the Wind by Alexandra Rowland

Running Close to the Wind is a queer pirate adventure from Alexandra Rowland. Avra Helvaçi, former field agent of the Arasti Ministry of Intelligence, has accidentally stolen the single most expensive secret in the world – and the only place to flee with a secret that big is the open sea.

Do You Believe in Life After Loss?: Queer Stories of Loss, Hope and Resilience by Andrew Flewitt and others

This collection of queer experiences of loss, hope and resilience explores different aspects of loss, the challenges of these situations, but also how queerness might help people to navigate change and loss.